

The Third International Fascia Research Congress

March 28-30, Vancouver, Canada 2012

www.fasciacongress.org

PROGRAM SUMMARY

Website:
www.fasciacongress.org
Phone:
+1-855-876-8820

The Third International Fascia Research Congress in Vancouver offers valuable resources of data, new ideas, and networking opportunities for researchers working in all areas of study involving the human fasciae.

Additionally, in recognition of the interests of clinicians, the program will explore research findings for clinical issues.

This event will benefit many professions, including: Acupuncturists, Anatomists, Athletic Therapists, Chiropractors, Ergonomists, Kinesiologists, MDs (Physiatrists / Plastic Surgeons), Movement / Dance Educators (Yoga / Pilates / Martial Arts), Naturopaths, Occupational Therapists, Osteopaths, Physiotherapists, RMTs, Nurses and Educators.

SPONSORS

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Message Therapists' Association
of British Columbia

GOLD SPONSOR



Challenging the Science of Structural Integration and its Benefits for the Human Being

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for excellence in
COMPLEMENTARY & ALTERNATIVE MEDICINE

CONGRESS PARTNER



CONGRESS PARTNER



Center for Chronic Disorders of Aging

CONTRIBUTOR



OF STRUCTURAL INTEGRATION

ACADEMIC SUPPORTERS

American Academy of Osteopathy
Philadelphia College of Osteopathic Medicine
Ulm University
University of Westminster - School of Life Sciences

SILVER SPONSOR



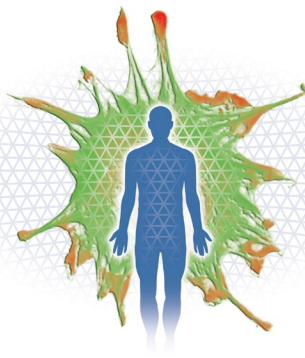
PUBLISHING SPONSOR



ELSEVIER

REGULATOR





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PROGRAM AT A GLANCE

WEDNESDAY, MARCH 28

Keynote: Mary Francis Barbe, PhD
Changes in Fascia Related to Repetitive Motion Disorders

Keynote: Michael Kjaer, MD, DMSc
Adaptations of Tendinous Connective Tissues to Exercise

Parallel Platform & Poster Presentations: By selected abstract authors

Panel: *Scars and Adhesion Panel*
Geoffrey Bove, DC, PhD - Moderator

Keynote: Albert J. Banes, PhD
Mechanical Loading & Fascial Changes: Tendon Focus

THURSDAY, MARCH 29

Keynote: Rolf K. Reed, PhD
Fluid Dynamics

Panel: *Fluid Dynamics: Clinical Implications*
Michael L. Kuchera, DO, FAAO - Moderator

Keynote: Gerald H. Pollack, PhD
Interfacial Fluid: The Secret Life of Water

Parallel Platform & Poster Presentations: By selected abstract authors

Keynote: Karen J. Sherman, PhD, MPH
Developing Clinical Trials for Bodywork and Massage: A Guide for the Perplexed

FRIDAY, MARCH 30

Keynote: Carla Stecco, MD
Fascial Anatomy Overview

Panel: *Fascia Imaging*
Leon Chaitow, ND, DO - Moderator

Keynote: Jay P. Shah, MD
Ultrasound & Microanalytical Techniques to Identify Objective Abnormalities in Hard, Painful Myofascial Trigger Points

Parallel Platform & Poster Presentations: By selected abstract authors

Panel: *Art and Science/Research and Practice – Mechanisms to Improve Communication to Promote Translation*
Brian F. Degenhardt, DO - Moderator

PRE-CONFERENCE DISSECTION WORKSHOP, MARCH 26 - 27

The Pre-Conference Dissection Workshop is not included in the 3-day Congress registration rate and is only available to registered delegates of the 3 day Congress. Limited seating available, so register early to avoid disappointment.

Dissection expands the way one views anatomy, and helps integrate treatment approaches. This exceptional hands-on workshop aims to promote a better understanding of the Fascia of the trunk and limbs, through interactive dissection. In this workshop, the participants will see and palpate the superficial and deep fasciae of the whole body, with particular attention to fascia's relationship to muscles, vessels and nerves.

POST-CONFERENCE WORKSHOPS, MARCH 31

The Post-Conference Workshops are not included in the 3-day Congress registration rate and are only available to registered delegates of the 3 day Congress. You can select any one Full-Day or one or two Half-Day sessions. Limited seating available, so register early to avoid disappointment.

FULL DAY

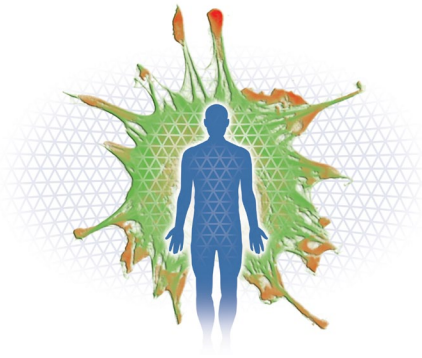
- Advanced Manual Treatment of Post-Surgical Adhesions
- Integrative Treatment of the Lymph & Fascia: Modern Approaches for Improved Outcomes
- Manual Therapy for the Myofascial System
- Extensor Coxae Brevis: Fascial Release Treatment Options for the Deep Lateral Rotators
- The Fascial Manipulation Technique and its Biomechanical Model: Guide to the Human Fascial System

HALF DAY - Morning

- Functional Fascial Taping (FFT) / Upper Limb Tension
- Fascial Stretch Therapy: Theory, Research & Practice
- How to Diagnose Ehlers-Danlos Syndrome & Joint Hypermobility Syndrome
- Sonoelastography & Dynamic Ultrasound in Real Time as a Clinical Tool for Manual Therapy Practitioners

HALF DAY - Afternoon

- Critically Evaluating Research: What Clinicians Need to Know
- What is Moving Under the Skin? Correlating Dissection, Magnetic Resonance Imaging and Ultrasonography of the Thigh with Depth of Touch
- Mapping the Neurofascia: A Derivation & Demonstration of Manual Treatment Principles
- Chronic Pain, Fascia & Feldenkrais; Using Bones to Manipulate Fascia and Influence Chronic Pain



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ACCOMMODATIONS

Vancouver, British Columbia, Canada

Rooms have been reserved on behalf of congress attendees.

The Sheraton Wall Centre Hotel is conveniently located in downtown Vancouver in close proximity to world renowned shopping and restaurants.

Reservations can be made directly with the hotel. To take advantage of the special rates negotiated for the Congress, please be sure to mention our special rate code **FRC3 2012**. Special rate reservations must be made no later than **January 15, 2012**. After that date, higher hotel rates may apply.

Room Rates are as follows:

Standard Room:	\$159.00 CAD
Deluxe Corner Suite:	\$209.00 CAD
Family Suite / Junior Suite:	\$219.00 CAD
One Bedroom Suite:	\$269.00 CAD
Two Bedroom Suite:	\$469.00 CAD

Please contact the hotel directly and quote reservation code **FRC3 2012**:

Sheraton Wall Centre

1088 Burrard Street,
Vancouver, British Columbia V6Z 2R9
Phone: 1-604-331-1000 or
US toll free: 1-800-325-3535
reservations@wallcentre.com
www.sheratonvancouver.com



ACCREDITATION

The Third International Fascia Research Congress (FRC3) is an exceptional opportunity for health care professionals to achieve continuing education credits. For complete details please visit the website at www.fasciacongress.org/2012/accreditation

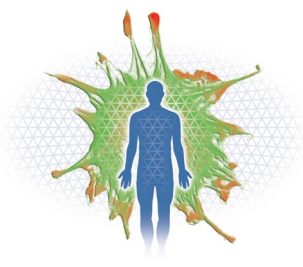
If your regulator is not listed on the website, please contact the MTABC office (nancy@massagetherapy.bc.ca). They will provide a synopsis of the Congress to your professional association regulator for credits.

TRAINEE SYMPOSIUM

The first Annual Ida P. Rolf Research Foundation Trainee Symposium will be held Thursday, March 29, 2012, from 6-9 pm at the Sheraton Wall Centre Hotel, Vancouver, British Columbia. The symposium is free to graduate student attendees. You must be registered for the Third International Fascia Research Congress 2012 to participate; you can register at: <http://rolfresearchfoundation.org/trainee-symposium>

Space is limited for this event. The deadline to register for the symposium is February 15, 2012.

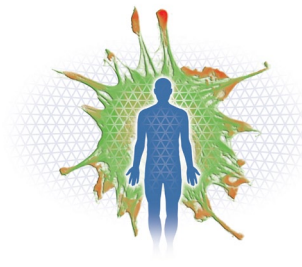
The symposium will focus on career development as a scientist, with presentations on funding mechanisms and priorities, and mentoring from leading scientists in the field.



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Registration

Page 1 of 2

Mail, E-mail, Scan or Fax your completed form (2 pages) to:

Third International Fascia Research Congress

#180 - 1200 West 73rd Ave., Vancouver, BC V6P 6G5 Canada

E-Mail/Scan: secretariat@fasciacongress.org **FAX:** +1 604-648-9056

PLEASE TYPE OR PRINT CLEARLY. COMPLETE A SEPARATE FORM FOR EACH REGISTRANT

FIRST NAME: _____ LAST NAME: _____

OCCUPATION: _____

INSTITUTE/COMPANY: _____

MAILING ADDRESS: _____

CITY: _____ PROV/STATE: _____ POSTAL CODE/ZIP: _____ COUNTRY: _____

PHONE: _____ FAX: _____ EMAIL: _____

Category: Academic Reviewer Press Student Non-Profit Industry Government

Are you a graduate student currently enrolled in a doctoral degree granting program? YES NO

University Name and Department: _____

Please list any specific dietary needs or special requirements here: _____

CONFERENCE REGISTRATION FEES Please check appropriate registration fee:

3-Day Conference Registration – March 28 -30 \$800.00 CDN

3-Day Conference Student Registration* \$500.00 CDN

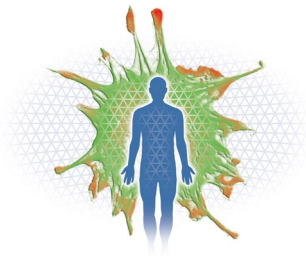
*** Student Registration Acceptance and Qualifications**

Please note Student Registration is on a first come, first served basis, and is limited to 10% of the total registration which will be monitored and increased accordingly and must qualify for the 3-Day Conference Student Registration Fee. If space is still available for special student rate, students must demonstrate that they are and will be a full time student at the time of the congress. Please fax (+1 604-912-0255) a copy of your photo Student Number within 24 hours of submitting your application form. If your school does not issue photo ID cards, you may submit a letter of verification of enrollment written by the academic director or administrator on school letterhead with your completed student registration number. Within 48 hours of FRC3 receiving your fax, a confirmation will be sent by email if you have been accepted, or put on a wait list for the Special Student rate.

Pre-Conference Dissection Workshop - March 26-27 \$1,600.00 CDN

Please note Pre-Conference Dissection Workshop is not included in the 3-day Conference registration rate. Pre-Conference Dissection Workshop is only available to registered delegates of the 3-day Conference.

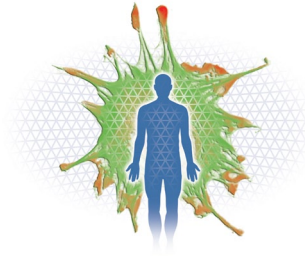
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Post-Conference Workshops – March 31, 2012

Please note that the Post-Conference Workshops are not included in the 3-day Conference registration rate. Post-Conference Workshops are only available to registered delegates of the 3-day Conference. You can select any one Full-Day or one or two Half-Day sessions.

Full-Day Session

\$225.00 CDN

- Advanced Manual Treatment of Post-surgical Adhesions
- Integrative Treatment of the Lymph & Fascia: Modern Approaches for Improved Outcomes
- Manual Therapy for the Myofascial System
- Extensore Coxae Brevis: Fascial Release Treatment Options for the Deep Lateral Rotators
- The Fascial Manipulation Technique and its Biomechanical Model - a Guide to the Human Fascial System

Half-Day Morning Session

\$115.00 CDN

- Functional Fascial Taping (FFT) /Upper Limb Tension
- Fascial Stretch Therapy: Theory, Research & Practice
- How to Diagnose Ehlers-Danlos Syndrome & Joint Hypermobility Syndrome!
- Sonoelastography & Dynamic Ultrasound in Real Time as a Clinical Tool for Manual Therapy Practitioners

Half-Day Afternoon Session

\$115.00 CDN

- Critically Evaluating Research: What Clinicians Need to Know
- What is Moving Under the Skin? Correlating Dissection, Magnetic Resonance Imaging and Ultrasonography of the Thigh with Depth of Touch
- Mapping the Neurofascia: A Derivation & Demonstration of Manual Treatment Principles
- Chronic Pain, Fascia & Feldenkrais; Using Bones to Manipulate Fascia and Influence Chronic Pain

Subtotal: \$ _____ CDN

HST # 827183112RT0001 12% \$ _____ CDN

TOTAL: \$ _____ CDN

PAYMENT OPTIONS

Full Payment is required with your registration form. All fees are in Canadian Funds (CDN). For faxed/scanned or mailed registrations, confirmation will be sent via email or fax immediately after processing is completed. If you do not receive confirmation after 14 days please call the Congress Secretariat at +1 604-912-0255.

CHEQUE

MONEY ORDER

PAYABLE TO: Third International Fascia Research Congress

#180 - 1200 West 73rd Avenue, Vancouver, BC V6P 6G5 Canada

VISA MasterCard CARD # _____

Expiry: _____

NAME OF CARDHOLDER (Please PRINT) _____ Signature: _____

Cancellation Policy for 3 Day Congress and Post-Conference Workshops: Requests for cancellations must be submitted in writing to the Congress Secretariat by January 28, 2012 and will be subject to a \$100.00 administration fee plus HST. Requests made after January 28, 2012 will not receive a refund.

Cancellation Policy for Pre-Conference Dissection Workshop: Requests for cancellations must be submitted in writing to the Congress Secretariat by December 1, 2011 and will be subject to a \$500.00 administration fee plus HST. Requests made after December 1, 2011 will not receive a refund.

The Third International Fascia Research Congress reserves the right to alter locations, dates, speakers, and course content due to unexpected events and will not be responsible for expenses incurred by registrants if the program must be altered.