

Carpal Tunnel Syndrome Resolved by Ba Gua Fa

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BACKGROUND: Carpal Tunnel Syndrome. Cumulative soft tissue trauma to connective tissue presenting with pain, numbness and/or tingling.

METHOD: Ba Gua Fa – Oriental method of frictional rubbing & empty cupping which, together identifies & releases stagnation of blood particles in fascia and other connective tissue. [3, 4]

RESULTS: Immediate release of cumulative soft tissue trauma relieving symptoms. (Figures)

CONCLUSIONS: This non-invasive method releases neuro-vascular compression restoring local fluid physiology & integrity of connective tissue. [1, 2]



REFERENCES:

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